

# Sermon Notes by Pastor Jamie Tonge



## Standing firm day by day.

Reading: Ephesians Chapter 6 Verses 10-18

Be strong in the Lord  
Put on the armour of God.  
Take our stand  
Pray in the Spirit

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### 1 Be strong in the Lord.

This is not, mind over matter, self will or positive thinking.

The word Lord here means authority  
See Matt 28:18

Our own self discipline will never be a match for the enemy's power.  
The enemy's power is no match the power of the Lord Jesus Christ.

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### 2 Put on the full armour of God.

Armour, the Greek word is "*panoplies*" meaning a magnificent covering.

- 1 the belt of truth
  - 2 the breastplate of righteousness
  - 3 the gospel of peace on our feet
  - 4 the shield of faith
  - 5 the helmet of salvation
  - 6 the sword of the spirit
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### **3 Take our stand.**

To stand while something takes place.

Standing during a storm until it passes.

We stand against the devil's schemes, spiritual rulers, spiritual authorities, this dark world and every force of evil.

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### **4 Pray in the Spirit.**

At all times and on all occasions.

We stand firm day by day by:

**Being strong in God's mighty power.**

**Putting on the armour of God.**

**Praying for one another at all times.**